Health and safety risk assessment checklist

Construction work

When answering these questions, you should consider whether there are any factors in your working environment that impact absenteeism due to sickness in your workplace. If you identify any health and safety problems that can contribute to absenteeism due to sickness (e.g. occupational accidents), you should include them in your considerations when prioritising and drawing up an action plan.

Fall to lower level	Yes	No
Are employees at risk of falling from transport vehicles, ladders, excavations, etc.?		
Falling and stumbling	Yes	No
Are employees at risk of tripping or stumbling over clutter, uneven terrain, etc. or slippery/wet floors on the building site/worksite?		
Acute and excessive physical load	Yes	No
Is there a risk of acute and excessive physical loads in connection with lifting, pulling or pushing kerbstones, tiles or other heavy materials on the construction site?		
Internal traffic	Yes	No
Is there a risk of being hit or squeezed by passenger cars, vans or trucks on the construction site or in connection with roadworks?		
Accidents involving handheld tools and machinery	Yes	No
Is there a risk of employees cutting themselves or getting their fingers caught in something when working with handheld tools such as box cutters, drilling machines and angle grinders?		
Heavy lifting	Yes	No
Do employees lift well covers, tiles and kerbstones or other heavy building materials?		
Pulling and pushing	Yes	No
Do employees exert a lot of physical effort when pulling or pushing wheelbarrows, small barrows, lifting trucks with building materials, etc.?		
Poor working postures	Yes	No
Do employees work in a stooped position, squatting, on their knees or in other poor working postures, e.g. when laying paving stones, tiles and kerbstones?		
Repetitive and physically demanding work	Yes	No
Do employees strain their bodies in the same way over long periods, e.g. due to working in fixed postures during excavations or holding a tool in the same position for long periods at a time?		
Loud noise	Yes	No
Do employees work with cutting machines, chisel hammers, plate vibrators, angle grinders or other very noisy machines?		
Whole-body vibrations	Yes	No
Do employees drive road rollers, asphalt milling machines, tillage machines or other machines that subject them to strong vibrations?		

Do employees get tingly or numb fingers after working with highly vibrating tools such as plate vibrators, punners and asphalt cutters?		
parmers and aspiral cutters:		
Large workload, time pressure and unclear requirements	Yes	No
Are employees often too busy or assigned too many tasks in the workplace?		
Help and support from management and colleagues	Yes	No
Do employees need help and support from management and colleagues?		
Bullying/harassment	Yes	No
Is anyone in the workplace being subjected to bullying/harassment?		
Psychological first aid	Yes	No
Is it unclear whether employees will receive psychological first aid if they fall victim to or witness a serious accident?		
Hazardous substances and materials	Yes	No
Do employees work with hazard-labelled products such as bitumen, asphalt, epoxy and styrene?		
Dust, gases and smoke	Yes	No
Is there a risk of employees being exposed to quartz dust from concrete, fumes from solvents and petrol in contaminated soil, exhaust fumes from engines or any other kind of hazardous air pollution?		

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Action plan

Describe the problem	Describe the solution	Responsible	Deadline and prioritisation
Signatures:			
g.1444155			
Employer Date	Employee	Date	